



LOWER MERION SOCCER CLUB

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Providing each and every child with a fun filled experience in a soccer environment

2023 QUASARS DIVISION – PRACTICE SCHEDULE

Division: This division consists primarily of 2016 birth girls

Field Location: Amherst Field 5. 631 Bryn Mawr Avenue in Bala Cynwyd. This is the middle field

Soccer Ball: Please bring a size 3 soccer ball to all practices and games

PRACTICE SCHEDULE

Each team will have their first practice on Saturday, September 9. They will also have a practice later that week, as well as a practice the following week. Practices will be 75 minutes long. During the season, each team will have one practice during the week, either on a weeknight or on Sunday afternoon. The exact time for those practices will be determined by your head coach. Each team will have three practices before they have their first game on Saturday, September 23.

THERE IS NO SOCCER ON SEPTEMBER 16 & 25 IN OBSERVANCE OF THE JEWISH HOLIDAYS

FOR WEEKNIGHT PRACTICES: The exact practice time will be determined by your coach. LMSC will not have that information. Weeknight practices normally start between 5:15 and 5:30 PM.

<u>TEAM</u>	<u>JERSEY</u>	<u>SEPT. 9</u>	<u>PRACTICE NIGHT</u>
Jaguars	red	10:00	Sundays 12:30
Leopards	navy	11:20	Thursdays
Rhinos	teal	12:40	Thursdays
Zebras	lemon	2:00	Sundays 12:30
Pandas	black	4:40	Sundays 2:15
Koalas	white	4:40	Sundays 4:00